



2020-2021

Girls Soccer
Athlete & Parent
Information Packet



COACHES CONTACT LIST

HEAD COACH

Carlos Abad

abadc@castleberryisd.net

Classroom Phone: 817-252-2159

Cell Phone: 682-558-0639

ASSISTANT COACH

Dr. Paula Yoder

yoderp@castleberryisd.net

Classroom phone: 817-252-2168

Cell Phone: 817-703-8930

In case of last minute announcements related to our season, we will be communicating through Remind.

Text the number 81010 with the message @6cb7e7e

Castleberry Independent School District Athletic Code of Conduct



Statement of Purpose

Participation in athletics is an opportunity provided to students who demonstrate a commitment to the classroom. The decision to participate in athletics includes the responsibility of maintaining the high standard of values identified in the Athletic Code of Conduct. Misbehavior will not be tolerated. To be a successful participant in athletics, it is extremely important the student understands the conditions of participation before making the decision to enter the program.

Athletic Code of Conduct

- Violation of the Athletic Code of Conduct will be considered on an individual basis
- You will be treated fairly
- You are an athlete year round
- Comply with school policy
- Conduct yourself as a lady/gentleman at all times
- Always tell the truth
- Do not steal
- Do not make excuses
- Do your best in the classroom
- Respect your teammates
- Do not participate in other non-school related sports while your sport is in season
- Do not use tobacco, alcohol, drugs or any mood-altering chemical.
- If you have a concern, talk to your coach in private.

Castleberry Independent School District
Department of Athletics
5001 Melbourne Road • Fort Worth, Texas 76114 • (817) 252-2070



Summary of Make-up Practices
2020-21

Definition: (Excused vs. Unexcused)

Excused

1. Medical – Doctor's note + Phone Call (make-up)
 2. Illness – Phone Call / Email Notification (make-up)
 3. Illness – Present at Practice (no make-up)
- Note:** Must be in attendance at school 5 out of 8 periods (CHS & IMMS)
4. Death in family – Phone Call (no make-up)
 5. STAAR Related (no make-up)
 6. Family Emergencies + Phone Call (make-up)

Unexcused (will result in loss of playing time as determined by coach*)

1. Absences due to Vacation/Thanksgiving/Christmas /Spring Break
2. Illness – No contact
3. Absent from Practice

***1 unexcused absence = one half of a match**

Soccer Guidelines

Excused – Make-up Workout

Unexcused – Soccer Field Sectional Run

The soccer field is divided into six sections (midfield to corner, corner to corner, corner to midfield, midfield to corner, corner to corner, corner to midfield). The player sprints one section and walks the next. The player then sprints two sections and walks the next. The player then sprints three sections and walks the next. This is repeated until the player sprints six sections, or one full lap around the soccer field.

Tardiness to practice is not acceptable. A note from a teacher is required from entrance.

Three consecutive unexcused absences from practice without notification can be grounds for dismissal from the soccer program (regardless of make-ups completed).

If a game is missed, the athlete will not start in the next game. Every person on the team will attend all games.

If practice is missed the day before a match due to an unexcused absence, the athlete will not start the game. Every person on the team will attend all practices.

Parents/Guardians - As with all programs at CISD, the coaching staff will always communicate with you and your child on ways of improving their fundamentals & skills, but the following will not be discussed

- Playing time
- Play selection
- Personnel

Things that will not be tolerated

1. A parent coming into a locker room unannounced
2. I have a 24 hour wait time policy if you would like to discuss anything you are frustrated about during a game. I will not discuss anything with you until the next day, and playing time, play selection, and personnel will not be discussed.
3. We will treat the referees, coaches, and other parents from visiting teams with respect. I will not tolerate heckling and jeering from parents. You will be asked to leave the stadium if it becomes an ongoing issue. The referees ultimately are the ones who decide a game for us, they will be the same refs a number of times, and other fans from other teams are getting a first impression of Castleberry High School and this community when they visit. Also, we are putting forth an example for our kids.
4. Players will never question a call from a referee, and they will not even speak to a referee unless they are called over by the ref. If they are called over to have a word with the ref, hands are always behind the back, yes sir, no sir. Players will not question calls.



CASTLEBERRY HIGH SCHOOL

GIRLS SOCCER SCHEDULE

2020-21



DATE	DAY	OPPONENT	LOCATION	JV	V
December 11	Friday	Inter-Squad Scrimmage	Home	7:00 PM	7:00 PM
December 15	Tuesday	Carter-Riverside (scrimmage)	Home	5:45 PM	7:00 PM
December 18	Friday	Irving Nimitz (scrimmage)	Away	6:00 PM	7:30 PM
January 5	Tuesday	Denton	Home	5:30 PM	7:00 PM
January 7	Thursday	Richland Tournament (Richland)	Away	N/A	12:30 PM
January 8	Friday	Richland Tournament (Paschal)	Away	N/A	9:30 AM
January 8	Friday	Richland Tournament (Crandall)	Away	N/A	3:30 PM
January 7	Thursday	Burleson Invitational JV	Away	TBD	N/A
January 8	Friday	Burleson Invitational JV	Away	TBD	N/A
January 9	Saturday	Burleson Invitational JV	Away	TBD	N/A
January 12	Tuesday	Abilene Cooper	Home	4:00 PM	5:30 PM
January 15	Friday	Polytechnic	Away	6:00 PM	N/A
January 15	Friday	Godley	Away	N/A	6:30 PM
January 19	Tuesday	Crowley	Away	5:30 PM	7:00 PM
January 21	Thursday	Castleberry Tournament	Home	9:00 AM	10:30 AM
January 22	Friday	Castleberry Tournament	Home	9:00 AM	12:00 PM
January 23	Saturday	Castleberry Tournament	Home	1:30 PM	3:00 PM
January 26	Tuesday	Keller High	Away	4:00 PM	N/A
January 26	Tuesday	Joshua	Away	N/A	5:00 PM
January 29	Friday	Stephenville	Home	4:30 PM	6:00 PM
February 2	Tuesday	Gainesville	Home	5:30 PM	7:00 PM
February 5	Friday	Decatur	Away	7:00 PM	5:30 PM
February 12	Friday	Springtown	Home	4:00 PM	N/A
February 12	Friday	*Ranchview	Home	N/A	5:30 PM
February 16	Tuesday	*Argyle	Away	4:00 PM	5:30 PM
February 19	Friday	*Springtown (Parent Appreciation)	Home	4:00 PM	5:30 PM
February 23	Tuesday	*Lake Worth	Away	5:30 PM	7:00 PM
February 26		BYE			
March 1	Monday	*Ranchview	Away	N/A	7:30 PM
March 2	Tuesday	*Springtown	Away	5:30 PM	N/A
March 5	Friday	*Argyle (Teacher Appreciation)	Home	4:00 PM	5:30 PM
March 9	Tuesday	Flower Mound Marcus	Home	4:00 PM	N/A
March 9	Tuesday	*Springtown	Away	N/A	7:30 PM
March 12	Friday	*Lake Worth (Senior Night)	Home	5:30 PM	7:00 PM
March 16		BYE			
March 22	Monday	Summit Itl (Playoff Warm Up)	Away	N/A	6:00 PM

*** Denotes District Game**

Head Coach: Carlos Abad

Assistant Coach: Dr. Paula Yoder

Athletic Trainer: Taylar Ogden

Girls Athletic Coordinator: Dena Atzenhoffer

Executive Director of Student Services: Lenny Lasher

Principal: Cathy Williams

Superintendent: Dr. John Ramos

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11 Veterans Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanksgiving Day	27	28
29	30 SOCCER TRYOUTS	1 SOCCER TRYOUTS	2 SOCCER TRYOUTS	3 SOCCER TRYOUTS	4 ROSTERS ANNOUNCED	5

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 SOCCER TRYOUTS	2 SOCCER TRYOUTS	3 SOCCER TRYOUTS	4 ROSTERS ANNOUNCED	5
6	7 Weight Room (9 th Graders) Practice	8 Weight Room (10-12 th graders) Practice	9 Practice	10 Practice	11 Power Hour Scrimmage	12
13	14 Weight Room (9 th Graders) Practice	15 Weight Room (10-12 th graders) Scrimmage	16 Practice	17 Practice	18 Power Hour Scrimmage	19
20	21 Weight Room (9 th Graders) Practice	22 Weight Room (10-12 th graders) Practice	23 OFF	24 OFF	25 OFF	26
27	28 OFF	29 Practice	30 Practice	31 Practice	1	2

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4 Weight Room (9 th Graders) Practice	5 GAME (Varsity + JV)	6 Weight Room (10-12 th graders) Practice	7 Varsity and JV Away tournaments	8 Varsity and JV Away tournaments	9 Varsity and JV Away tournaments
10	11 Weight Room (9 th Graders) Practice	12 GAME (Varsity + JV)	13 Weight Room (10-12 th graders) Practice	14 Practice	15 GAME (Varsity + JV)	16
17	18 Weight Room (9 th Graders) Practice	19 GAME (Varsity + JV)	20 Weight Room (10-12 th graders) Practice	21 Castleberry Tournament	22 Castleberry Tournament	23 Castleberry Tournament
24	25 Weight Room (9 th Graders) Practice	26 GAME (Varsity)	27 Weight Room (10-12 th graders) Practice	28 Practice	29 GAME (Varsity + JV)	30
31	1	2	3	4	5	6

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Weight Room (9 th Graders) Practice	2 GAME (Varsity + JV)	3 Weight Room (10-12 th graders) Practice	4 Practice	5 GAME (Varsity + JV)	6
7	8 Weight Room (9 th Graders) Practice	9 Practice	10 Weight Room (10-12 th graders) Practice	11 Practice	12 GAME (Varsity + JV)	13
14	15 Weight Room (9 th Graders) Practice	16 GAME (Varsity + JV)	17 Weight Room (10-12 th graders) Practice	18 Practice	19 GAME (Varsity + JV)	20
21	22 Weight Room (9 th Graders) Practice	23 GAME (Varsity + JV)	24 Weight Room (10-12 th graders) Practice	25 Practice	26 BYE	27
28	1	2	3	4	5	6

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1 Weight Room (9 th Graders) GAME (Varsity)	2 GAME (JV)	3 Weight Room (10-12 th graders) Practice	4 Practice	5 GAME (Varsity + JV)	6
7	8 Weight Room (9 th Graders) Practice	9 GAME (Varsity + JV)	10 Weight Room (10-12 th graders) Practice	11 Practice	12 GAME (Varsity + JV)	13
14	15 OFF	16 BYE	17 OFF	18 OFF	19 OFF	20
21	22 Practice	23 Practice	24 Practice	25 BI-DISTRICT	26 BI-DISTRICT	27
28	29 AREA ROUND	30 AREA ROUND	31	1	2	3

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 REGIONAL QTRS.	2 REGIONAL QTRS.	3 REGIONAL QTRS.
4	5 REGIONAL SEMI & FINAL	6 REGIONAL SEMI & FINAL	7 REGIONAL SEMI & FINAL	8 REGIONAL SEMI & FINAL	9 REGIONAL SEMI & FINAL	10 REGIONAL SEMI & FINAL
11	12	13	14 STATE TOURN	15 STATE TOURN	16 STATE TOURN	17 STATE TOURN
18	19	20	21	22	23	24
25	26	27	28	29	30	1

Castleberry Independent School District

Department of Athletics

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STANDARD REQUIREMENTS FOR LETTER JACKET RECIPIENTS

(GRADES 9 - 12)

When determining letter jacket recipients, sponsors will observe the following standard requirements:

- 1) The student and parent/guardian must sign the organization's extracurricular participation agreement.
- 2) The student must be considered a participant from the first until the final date of the season.
- 3) The student must remain academically eligible from the first until the final date of the season.
- 4) The student must demonstrate an attitude of commitment while exemplifying the philosophy of the organization.
- 5) The student must be recommended by the sponsor of the organization and approved by the principal and appropriate director.
- 6) Student letter jackets will be provided by the district for approved organizations. Students will receive only one jacket with one varsity letter during their high school career. An additional symbolic award will be presented to a student who earns an additional letter(s) by the corresponding organization. Additional patches will be the financial responsibility of the student.

In addition to the above standard requirements, the sponsor may request that additional requirements be identified for his/her program.

Organization	Dates	Additional Requirements
Soccer	Nov.-Mar.	Participate in seven (7) games at the varsity level.

DESCRIPTION OF AWARDS

GRADES 9-12

A participant school or member school district may give an award not to exceed \$70 in value to a student during that student's high school enrollment at the same school for participation in U.I.L. interschool competition. Each year a participant school or member school district may present additional awards, not to exceed \$10 each, for participation in each additional interschool organization.

The major award (\$70) presented to a student participating in the organization in grades 9-12 is a jacket with an attached 5" letter. This award will be presented to the student in the sport in which he/she first earns a letter. An additional symbolic award will be presented to a student who earns an additional letter/s. The additional award shall not be given to a student for an activity during the same school year that a major award is earned, if the total award exceeds \$70.

GRADES 7-8

A participant school may not give and a student may not accept awards for participation in interschool competition in excess of \$8 per year (total for all U I L activities) A student may accept a symbolic award in recognition of his / her achievement in an interschool contest if it is given by the organization conducting the contest (all tournament awards, ribbons, plaques, and medals)

Individual certificates of achievement will be presented to students in grades 7 and 8 for each sport in which the student participates and fulfills the Standard Requirements for Award Recipients as identified in this section.

I have read the above information and consent to the responsibilities outlined in the Standard Requirements for Letter Jacket Recipients.

Student Signature

Date

Parent/ Guardian Signature

Date

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252-2070



Castleberry High School Girls Soccer Athlete/Parent Agreement and Consent Form

Player Agreement and Consent

I have read, understand, and agree to the policies, procedures, and obligations set forth in the Castleberry High School Girls Soccer Athlete/Parent Handbook. As evidence by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules set forth herein.

Printed Name of Player

Signature of Player

Date

Parent Agreement and Consent

Name of Parent/Guardian Please Print

Relationship to Player

Signature of Parent/Guardian

Date