



Castleberry ISD  
Athletic Department

## CHS & IMMS Cross Country Practice Schedule

Wednesday, August 1	Practice	9:00 AM
Thursday, August 2	Practice	9:00 AM
Friday, August 3	Practice	7:00 AM
Saturday, August 4	Practice	7:00 AM
Monday, August 6	Practice	9:00 AM
Tuesday, August 7	Practice	9:00 AM
Wednesday, August 8	Practice	9:00 AM
Thursday, August 9	Practice	5:30 AM
Friday, August 10	Practice LION NIGHT	5:30 AM 5:45 PM
Saturday, August 11	Practice	7:00 AM
Monday, August 13	Practice Team Pictures Program Parent Meeting	5:30 AM 4:00 PM 6:00 PM
Tuesday, August 14	Practice	5:30 AM
Wednesday, August 15	Practice	5:30 AM
Thursday, August 16	First Meet @ Grand Prairie (CHS only) Depart School Meet Start Time	3:00 PM 6:00 PM
Friday, August 17	TBA	
Saturday, August 18	TBA	